



Gorsemoor Primary School

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Dear Parents/Guardians of

Your child is lucky enough to be part of a brand new initiative at Gorsemoor that aims to enrich the learning of all children. They will be taking part in Forest School on a during the term.

What is Forest School?

Forest Schools is a holistic approach to learning, incorporating children's individuality and develops their skills for lifelong learning. It can cover emotional and spiritual aspects of learning where self-esteem and self-confidence can grow and positive relationships with peers can be formed. It applies an accelerated learning approach by involving the whole person, using physical activity, creativity, images and colour designed to get children deeply involved in their own learning.

How will this work at Gorsemoor?

Forest School will initially begin in Year 3 in September 2015. Groups of no more than 10 children will be spending an hour in the woodlands on site on either a Tuesday or Wednesday afternoon.

What does Forest School entail?

Forest School will help your child nurture or develop a love for the outdoors. Our Forest School experience will promote:

- Fun in the great outdoors!
- Empathy
- Self-awareness
- Self-motivation
- Self-regulation
- Social skills

All of the above will be met through a whole host of activities and sessions. From games, to safe tool use and den building to cooking safely in the outdoors, your child is guaranteed to have a fun and educational time!

Take a look overleaf at some of the great activities your child will be a part of!



